

CALENDAR February 5th – February 12th

Rev. Valerie will be at Clergy conference

Monday – Wednesday this week

Sunday	Holy Communion	8:00 am / 10:00 am
	Forum.....	9:15 am
	Episcopal 101	4:00 pm
Monday	Senior Exercise	8:00 am
	Thrift Shop Staff meeting	3:00 pm
	Centering Prayer.....	5:00 pm
Tuesday	Stitch “n” pray.....	9:30 am
Wednesday	Brotherhood of St. Andrew	8:00 am
	Senior Exercise	8:00 am
	Holy Communion with Prayers of Healing.....	10:00 am
	Yoga Class	5:45 pm
	Choir Rehearsal.....	7:15 pm
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5 Epiphany

February 5, 2012

*Sing to the Lord
with Thanksgiving*

BIDDING BOOK: If you would like to add a prayer to be read during the church service you may add it to the “Bidding Book” located at the back of the church to the left of the doors.

Prayer Requests

Healing for: Lynne, Paul, Marilyn Hittle, Burt, Richard Morgan, Daryle Garrity, Bill Bradley Jr., Tom Jr. and Pat Smith. **Strength for:** Sharon Bogart, Jim Bogart, Gail, Rick, Betty Hoover, and Elizabeth Rose Alexis.

“Centered in Christ, we draw closer to God through prayer, study and worship. Thus empowered by the Holy Spirit, we joyfully give and work to spread our Lord’s message of inclusion, love and healing for those in need.”

8 am Service

Celebrant/Preacher	The Rev. Valerie Valle
Music Minister	Janis Johnson
Lay Ministers	Team 1
Lay Eucharistic Ministers	George Hauser and Carol Wilcock
Fellowship Hosts.....	Dave and Dorine Bolterman
Vestry member on call	Dave Bolterman

St. Barnabas Episcopal Church

301 Trinity Avenue, Arroyo Grande, CA 93420

(805) 489-2990 FAX (805) 489-1221

E-mail Address: saintbarnabas@sbcglobal.net

<http://www.saintbarnabas-ag.org>

February 5, 2012

8 a.m.

Rite I

5 Epiphany

Announcements
Meditative Minute

THE WORD OF GOD

BCP p. 323

Lessons

Isaiah 40:21-31
Psalm 147: 1-12, 21c
1 Corinthians 9: 16-23

Scripture Insert

Gospel - Mark 1:29-39

Sermon

Nicene Creed

Prayers of the People

BCP p. 326

BCP p. 329

Confession

BCP p. 330

The Peace

Offertory

Doxology

Hymnal 380

HOLY COMMUNION

Eucharist Prayer I

Lord's Prayer

Post Communion Prayer

BCP p. 333

BCP p. 336

BCP p. 339

Special Thanksgivings / Birthday and Anniversaries

Announcements

Blessing

Exit Hymn

Lord of all hopefulness

Hymnal 482

Dismissal

Postlude

All are welcome to receive Communion with us. To receive the bread, place your hands on top of each other with palms up. To receive the wine, gently guide the cup to your lips, or you can dip the bread into the wine. If you prefer not to receive either the bread or the wine, cross your hands in front of your chest and share a blessing with us. If you have limited mobility, we will be happy to bring communion to you.

Help us provide a peaceful and worshipful environment by turning off your cell phones and pagers and by refraining from unnecessary conversation in the sanctuary. Thank you!

❖ **The Lay Eucharistic Ministers are sent out with these words:**

Priest and People: In the Name of this parish family, we send you forth, bearing these Holy gifts, that those to whom they go may share with us in the Communion of Christ's Body and Blood. May their infirmities be healed and their lives empowered. We who are many are one Body, because we share one Bread and one Cup.

Life around St. Barnabas...

Last chance to make a change in the new Directory. A 2011 parish directory is in the works!

There is a copy of the 2010 directory on the greeters table for you to make any additions or subtractions to your information; The directory will be released next Sunday.

Deanery Meeting At St. Stephen's, Sunday February 12th - 2:00 pm

Valentines Day Jazz Concert / February 12th - The Nipomo Presbyterian Church will be hosting a fund raiser for the 5 Cities Homeless Coalition, an organization that is working to build a day center that will house Peoples Kitchen as well as provide a full range of resources to empower low income and homeless families, children and individuals. Your help is needed. As part of the evening there will be a silent auction and a chocolate feast. If you would like to buy tickets, donate to the silent auction or provide a chocolate creation please speak to Rev. Valerie.

The Episcopal Church 101 An introduction to the beliefs, history and worship of the Episcopal Church. Sunday afternoons 4:00 to 5:30.

Shrove Tuesday Pancake Supper February 21st - 5:30
Come and join us for the last party before the beginning of Lent.

Ash Wednesday Services February 22nd – 10:00 am and 6:30 pm. Start your Lenten journey with the deeply moving Ash Wednesday service where we are reminded of our own mortality with the imposition of ashes as well as the reassurance that we are loved and forgiven in the Litany of Penitence.

Stations of the Cross Each Wednesday evening during Lent, beginning February 29th . The Brotherhood of St. Andrew will lead a service of Stations of the Cross -- a half hour service that takes the worshiper through Jesus' last hours by walking around the interior of St. Barnabas and stopping at each small event illustration that we see hung on the interior walls. All are invited.

CANDLES on the altar are lighted by Boots Taylor in memory of her father, Roy Needham.
THE FLORAL ARRANGEMENT below the cross has been placed by Jerri Pence in celebration of the birthdays of her daughter, Rebecca Pence and her daughter-in-law, Judy Pence; also by Hiliary Craig, Audrey, and Philip in loving memory of their parents, Tom and Phyllis Bryant

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10 am Service

Celebrant/Preacher	The Rev. Valerie Valle
Music Minister	Janis Johnson
Lay ministers	Team 1
Fellowship Hosts.....	TBA
Childcare Attendant	Esparanza Vieryra
Vestry member on call	David Murray

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Prelude
Welcome
Meditative Minute

THE WORD OF GOD

Entrance Hymn: 371

1. Thou, whose almighty word chaos and darkness heard,
and took their flight; hear us, we humbly pray,
and where the Gospel day sheds not its glorious ray,
let there be light!

2. Thou who didst come to bring on thy redeeming wing
healing and sight, heal to the sick in mind,
sight to the inly blind, now to all humankind,
let there be light!

3. Spirit of truth and love, life giving, holy Dove,
speed forth thy flight!
Move on the waters' face bearing the gifts of grace,
and, in earth's darkest place, let there be light!

4. Holy and blessed Three, glorious Trinity,
wisdom, love, might; boundless as ocean's tide,
rolling in fullest pride, through the world far and wide,
let there be light!

Opening Acclamation

Celebrant Blessed be God: Father, Son and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: Cleanse the thoughts of our
hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy
name; through Christ our Lord. Amen.

You will find the music for hymns in the blue Hymnal.

GLORIA IN EXCELSIS

S280

Glory to God in the highest, and peace to his people on earth. Lord God,
heavenly King, almighty God and Father, we worship you, we give you
thanks we praise you for your glory. Lord Jesus Christ, only Son of the
Father, Lord God, Lamb of God, you take away the sin of the world: have
mercy on us; you are seated at the right hand of the Father: receive our
prayer. For you alone are the Holy One, you alone are the Lord, you alone
are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God
the Father. Amen.

The Prayer of the Day Scripture Insert

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

The Celebrant reads the prayer in the Scripture Insert.

THE LESSONS *The people are seated.* Scripture Insert

First Lesson Isaiah 40:21-31

After the lesson

Reader The Word of the Lord

People **Thanks be to God.**

Psalm 147: 1-12, 21c

Second Lesson 1 Corinthians 9: 16-23

After the lesson

Reader The Word of the Lord

People **Thanks be to God.**

Sequence Hymn **508**

Breathe on me
(1 & 2 before, 3 & 4 after)

1. Breath on me, Breath of God, fill me with life anew,
that I may love what thou dost love, and do what thou wouldst do.

2. Breathe on me, Breath of God, until my heart is pure,
until with thee I will one will, to do or to endure.

Gospeler The Holy Gospel of our Lord Jesus Christ
according to Mark.

People **Glory to you, Lord Christ**

The Gospel Mark 1:29-39

Scripture Insert

Gospeler The Gospel of the Lord
People **Praise to you, Lord Christ**

3. Breathe on me, Breath of God, till I am wholly thine,
till all this earthly part of me glows with thy fire divine.

4. Breathe on me, Breath of God, so shall I never die;
but live with thee the perfect life of thine eternity.

THE SERMON

A moment of silence follows the sermon

NICENE CREED

Celebrant and people

We believe in one God, the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only
Son of God, eternally begotten of the Father, God from God, Light from
Light, true God from true God, begotten, not made, of one Being with the
Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the
Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was
buried. On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father. He will
come again in glory to judge the living and the dead, and his kingdom will
have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from
the Father and the Son. With the Father and the Son he is worshiped and
glorified. He has spoken through the Prophets. We believe in one holy
catholic and apostolic Church. We acknowledge one baptism for the
forgiveness of sins. We look for the resurrection of the dead, and the life of
the world to come. Amen.

THE PRAYERS OF THE PEOPLE

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow or any kind of trouble.

For those who minister to the sick, the friendless, and the needy.

For peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Mary, our Bishop, Katherine our Presiding Bishop, and for all bishops
and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation. (lector reads prayer
requests from the bidding book)... Our continuing prayers are listed on the
back of the bulletin. You are welcome to join me in reading them either aloud
or silently.

Silence: The people may add their own petitions

Hear us, Lord; **For your mercy is great.**

We thank you Lord, for all the blessings of this life.

Silence: The people may add their own thanksgivings

We will exalt you, O God our King; **And praise your Name forever and ever.**

We pray for all who have died, that they may have a place in your eternal
kingdom.

Silence: The people may add their own petitions

Lord, let your loving kindness be upon them; **Who put their trust in you.**

We pray to you also for the forgiveness of our sins. *Silence may be kept.*

Leader and People:

Have mercy upon us, most merciful Father; in your compassion forgive us
our sins, known and unknown, things done and left undone; and so uphold
us by your Spirit that we may live and serve you in newness of life, to the
honor and glory of your Name; through Jesus Christ our Lord. Amen.

The celebrant concludes with an absolution or a collect.

THE PEACE

The Celebrant says to the people The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and People greet one another in the name of the Lord.

THE HOLY COMMUNION

Offertory Panis Angelicus arr. Cesar Franck
Chancel Choir

Doxology (*sung by all*) **380**

Praise God, from whom all blessings flow;
praise Him, all creatures here below;
praise Him above ye, heavenly host;
praise Father, Son, and Holy Ghost. Amen.

THE GREAT THANKSGIVING

The people remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, because you gave Jesus Christ, your only Son, to be born for us; who, by the mighty power of the Holy Spirit, was made perfect Man of the flesh of the Virgin Mary his mother; so that we might be delivered from the bondage of sin, and receive power to become your children. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus *Celebrant and People sing* **S125**

Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him,

you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People say

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Barnabas and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

Celebrant: And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever and ever .
Amen.

THE BREAKING OF THE BREAD

Fraction Anthem

Alleluia, alleluia, alleluia,
Christ our Passover is sacrificed for us;
Therefore let us keep the feast.
Alleluia, alleluia, alleluia,

Celebrant The Gifts of God for the People of God.

All are welcome to receive Communion with us. To receive the bread, place your hands on top of each other with palms up. To receive the wine, gently guide the cup to your lips, or you can dip the bread into the wine. If you prefer not to receive either the bread or the wine, cross your hands in front of your chest and share a blessing with us. For those with allergies we now have communion wafers that are gluten free, wheat free, dairy free, corn free, and soy free. You may request one as an alternative when the priest is offering the bread. If you have limited mobility, we will be happy to bring communion to you.

Communion Music

Post Communion Prayer

The people join in saying

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you fed have us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

SPECIAL THANKSGIVINGS & ANNOUNCEMENTS

BLESSING

The Celebrant shares a blessing.

Concluding Hymn

Lord of all hopefulness

S154

2. Lord of all eagerness, Lord of all faith,
Whose strong hands were skilled at the plane and the lathe,
Be there at our labors, and give us, we pray,
Your strength in our hearts, Lord, at the noon of the day.

3. Lord of all kindness, Lord of all grace,
Your hands swift to welcome, your arms to embrace,
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord, at the eve of the day.

4. Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord, at the end of the day.

DISMISSAL

Celebrant Go in peace to love and serve the Lord.
People **Thanks be to God.**

Postlude

482

1. Lord of all hopefulness, Lord of all joy,
Whose trust, ever child-like, no cares could destroy,
Be there at our waking, and give us, we pray,
Your bliss in our hearts, Lord, at the break of the day.

Welcome to St. Barnabas!

A Word to Our Visitors, Newcomers and Seekers

We are delighted to have you join our worship today and hope you feel at home and will return often. Do come to the parish hall for refreshments after the service; it will give us a chance to visit. Please sign our guest book on the greeters' table at the church entrance. The Visitor's Card and brochures in the pew rack might be of interest. **Assisted listening devices** are available on the greeters' table.

CHILDREN ARE ALWAYS WELCOME AT ST. BARNABAS. If you would like to have your child with you during the service, books and toys for children are available in the entrance. We have a "cry room" at the back of the church, where you can see and hear the service if you need some privacy with your small child. If you prefer, you can take your child to our nursery for infants and toddlers. Please let us know, in advance, if you need childcare for any of our events and we will be glad to arrange it for you!

ASSISTED LISTENING DEVICES are available on the greeters' table.

HEALING STATION - During communion, we have a healing station located in the back of the sanctuary on the west, choir side of the church. Those who wish prayers for healing of mind, body or spirit for themselves or someone else are invited to receive the laying on of hands and anointing by a member of the clergy.

HELP US PROVIDE A PEACEFUL AND WORSHIPFUL ENVIRONMENT by turning off all cell phones/pagers and by refraining from unnecessary conversation in the sanctuary. Thank you.

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